FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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OMB Number:	3235-0287
Estimated average burden	
hours per response:	0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

			. ,						
1. Name and Address of Reporting Ferson			2. Issuer Name and Ticker or Trading Symbol MFA MORTGAGE INVESTMENTS [MFA]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
BUCHANAN EDISON C (Last) (First) (Middle)					Director	10% Owner Other (specify			
					Officer (give title				
		(Middle)	3. Date of Earliest Transaction (Month/Day/Year)		below)	below)			
C/O MFA MORTGAGE INVESTMENTS, INC.		TS, INC.	08/12/2004						
350 PARK AVENUE, 21ST FLOOR									
(Ctro ot)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv	idual or Joint/Group Filing (Che	eck Applicable Line)			
(Street)	2177	10022		X	Form filed by One Reporting	Person			
NEW YORK	NY	10022			Form filed by More than One	e Reporting Person			
					·	, ,			
(City)	(State)	(Zip)							

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)		Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
		Code V		Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Ir 8)		5. Numb Derivati Securiti Acquire or Dispo (D) (Inst and 5)	ve es d (A) osed of	Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	Ownership Form: Direct (D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Stock Option ⁽¹⁾	\$8.4	08/10/2004		A		5,000		08/10/2005	08/10/2014	Common Stock ⁽²⁾	5,000	(1)	5,000	D	

Explanation of Responses:

- 1. Granted pursuant to the terms of the 2004 Equity Compensation Plan of MFA Mortgage Investments, Inc.
- 2. Common Stock, par value \$0.01 per share, of MFA Mortgage Investments, Inc.

Remarks:

Edison C. Buchanan

09/28/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.