## UNITED STATES SECURITIES AND EXCHANGE COMMISSION **WASHINGTON, DC 20549**

FORM 8-K

#### CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of Earliest Event Reported): March 4, 2010

# MFA FINANCIAL, INC.

(Exact Name of Registrant as Specified in Charter)

Maryland	1-13991	13-3974868
(State or Other Jurisdiction	(Commission	(IRS Employer
of Incorporation)	File No.)	Identification No.)
R	350 Park Avenue, 21st Floor, New York, New York 10022 (Address of Principal Executive Office) (Zip Code) egistrant's Telephone Number, Including Area Code: (212) 207-6400	1
	(Former name or former address, if changed since last report)	
Check the appropriate box below if the Form 8	-K filing is intended to simultaneously satisfy the filing obligation of	the Registrant under any of the following provisions:
o Written communications pursuant to Rule 425 under t	he Securities Act (17 CFR 230.425)	
o Soliciting material pursuant to Rule 14a-12 under the	Exchange Act (17 CFR 240.14a-12)	
o Pre-commencement communications pursuant to Rule	: 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))	
o Pre-commencement communications pursuant to Rule	e 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))	

### ITEM 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On March 4, 2010, the Board of Directors (the "Board") of MFA Financial, Inc., a Maryland corporation (the "Company"), approved the recommendations of the Nominating and Corporate Governance Committee that the size of the Board be expanded from eight to nine members and that, effective March 4, 2010, William S. Gorin, President and Chief Financial Officer of the Company, be elected as a new director to fill the resulting vacancy. Mr. Gorin was elected as a Class I director of the Board, whose term will expire at the 2011 annual meeting of stockholders at which time it is expected that Mr. Gorin will stand for re-election by the Company's stockholders.

There are no arrangements or understandings between Mr. Gorin and any other person pursuant to which he was elected. There are no transactions involving the Company and Mr. Gorin that would be required to be reported pursuant to Item 404(a) of Regulation S-K.

### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

MFA FINANCIAL, INC.

By: /s/ Timothy W. Korth

Timothy W. Korth

General Counsel, Senior Vice President and Secretary

Date: March 5, 2010