FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	ss of Reporting Person [*] G RONALD A		2. Issuer Name and Ticker or Trading Symbol <u>MFA FINANCIAL, INC.</u> [MFA]	(Check	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Ow				
(Last) C/O MFA FINA 350 PARK AVE	(First) NCIAL, INC. NUE, 20TH FLOOI	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 07/15/2016	X	below) Executive Vice	below)			
(Street) NEW YORK (City)	NY (State)	10022 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year) 07/19/2016	6. Indiv X	vidual or Joint/Group Filing Form filed by One Repo Form filed by More thar	orting Person	,		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (Ir 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)		(1150.4)
Common Stock	07/15/2016		M ⁽¹⁾		2,245	Α	\$0 ⁽²⁾	541,617	D	
Common Stock	07/15/2016		F ⁽³⁾		1,058	D	\$7.29	540,559	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. S 8) A o (I		5. Num Derivat Securit Acquir or Disp (D) (Ins and 5)	tive ties ed (A) posed of	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Phantom Shares	(4)	07/15/2016		M ⁽⁴⁾			2,245	07/15/2016	07/15/2016	Common Stock	2,245	(4)	61,112	D	

Explanation of Responses:

1. Shares acquired pursuant to the settlement of restricted stock units (i.e., phantom stock) granted to the Reporting Person in each of July 2013 and July 2014.

2. Each phantom share is the economic equivalent of one share of common stock of MFA Financial, Inc. Each vested phantom share was settled in one share of common stock of MFA Financial, Inc.

3. The reported disposition represents the surrender of shares to satisfy tax obligations arising from the settlement of phantom shares described in Note 1 above.

4. Settlement of time-based phantom shares granted to the Reporting Person in each of July 2013 and July 2014. Each phantom share is the economic equivalent of one share of common stock of MFA Financial, Inc. Each vested phantom share was settled in one share of common stock of MFA Financial, Inc.

Remarks:

The Reporting Person is filing this Form 4/A to correct the information set forth in Column 9 of Table II of the Form 4 filed on July 19, 2016, as amended by the Form 4/A filed on January 12, 2017. Other than the correction described in the preceding sentence, no other information of the subject Form 4 is being amended or corrected hereby.

<u>/s/ Ronald A. Freydberg</u> ** Signature of Reporting Person 07/19/2017 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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