FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL
OMB Number: 3235-0287

Estimated average burden hours per response: 0.5

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	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b).	

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person			2. Issuer Name and Ticker or Trading Symbol <u>MFA FINANCIAL, INC.</u> [MFA]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
Yarad Stephen	<u>D.</u>				Director	10% Owner		
(cot)	(First)	(Middle)		x	Officer (give title below)	Other (specify below)		
(Last) (First) (Middle) C/O MFA FINANCIAL, INC.		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 12/19/2012		Chief Financial Officer			
350 PARK AVEN	UE, 20TH FLOOR							
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv	idual or Joint/Group Filing (Che	eck Applicable Line)		
NEW YORK	NY	10022		X	Form filed by One Reporting Form filed by More than One			
(City)	(State)	(Zip)						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)		(Instr. 4)
COMMON STOCK PAR VALUE \$0.01 PER SHARE	12/14/2012		Α		7,602	Α	\$8.12	15,739	D	
COMMON STOCK PAR VALUE \$0.01 PER SHARE	12/16/2012		F		282(1)	D	\$8.12	15,457	D	
COMMON STOCK PAR VALUE \$0.01 PER SHARE	12/15/2012		F		501 ⁽¹⁾	D	\$8.12	14,956	D	
COMMON STOCK PAR VALUE \$0.01 PER SHARE	12/14/2012		F		876 ⁽¹⁾	D	\$8.12	14,080	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Ir	Transaction Code (Instr. 8)		ber of ive ies ed (A) osed of tr. 3, 4	(Month/Day/Year)		7. Title and Au Securities Un Derivative Se 3 and 4)	derlying	urity Securities tr. 5) Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Transaction(s) (Instr. 4)		

Explanation of Responses:

1. THE REPORTED DISPOSITION REPRESENTS THE SURRENDER OF SHARES TO SATISFY TAX OBLIGATIONS ARISING FROM THE VESTING OF RESTRICTED STOCK. Remarks:

/s/Stephen Yarad

** Signature of Reporting Person

<u>12/19/2012</u> Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.