FORM 4

### **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROV	Δ	V	O)	R	Р	Р	Α	ΛB	ЛC	(
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hours per response:	0.5

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Ferson			2. Issuer Name <b>and</b> Ticker or Trading Symbol MFA FINANCIAL, INC. [ MFA ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
GORIN WILLIAM S				X	Director	10% Owner					
(Last) (First) (Middle)		(Middle)		X	Officer (give title below)	Other (specify below)					
C/O MFA FINANCIAL, INC.		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 07/01/2011		President	•					
350 PARK AVENU	JE, 20 TH FLOOR										
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indivi	dual or Joint/Group Filing (Che	ck Applicable Line)					
NEW YORK	NY	10022		X	Form filed by One Reporting	Person					
				l	Form filed by More than One	Reporting Person					
(City)	(State)	(Zip)									

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.		4. Securities Ac Disposed Of (D			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	nount (A) or (D) Price		(Instr. 3 and 4)		(111501. 4)
Common Stock, par value \$0.01 per share	08/05/2011		P		2,000	A	\$7.3	518,445	I	By 401(K)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Title and Amount o Securities Underlying Derivative Security (Ir and 4)		rlying	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Phantom Shares	(1)	07/01/2011		A		12,500		(2)	(2)	Common Stock	12,500	\$0	175,375	D	
Phantom Shares	(1)	07/01/2011		D		25,000		(3)	(3)	COMMON STOCK	25,000	\$0	200,375	D	

### Explanation of Responses:

- $1. \ Each \ phantom \ share \ is \ the \ economic \ equivalent \ of \ one \ share \ of \ MFA's \ common \ stock, \ par \ value \ \$0.01 \ per \ share.$
- 2. These phantom shares are subject to forfeiture until June 30, 2014. One-third of these phantom shares shall vest on each of June 30, 2012, June 30, 2013 and June 30, 2014, and thereafter, are payable within 30 days of the date such phantom shares vest.
- 3. These phantom shares are subject to forfeiture until June 30, 2014. One-third of these phantom shares shall vest on each of June 30, 2012, June 30, 2013 and June 30, 2014 (subject, in each case, to MFA's achievement of specified performance goals) and thereafter, are payable within 30 days of the date such phantom shares vest.

#### Remarks:

/s/William S. Gorin

08/08/2011

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.