FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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|--------------------------|-----------|
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| hours per response:      | 0.5       |

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of      |                  |          | 2. Issuer Name and Ticker or Trading Symbol MFA FINANCIAL, INC. [ MFA ] | Relationship of Reporting Person(s) to Issuer (Check all applicable) |                                  |                       |  |  |  |
|-----------------------------|------------------|----------|---|--|----------------------------------|-----------------------|--|--|--|
| GORIN WILLIAM S             |                  |          |   | X  | Director                         | 10% Owner             |  |  |  |
| (Last)                      | (First) (Middle) |          |   | X  | Officer (give title below)       | Other (specify below) |  |  |  |
| C/O MFA FINANCIAL, INC.     |                  | (Middle) | 3. Date of Earliest Transaction (Month/Day/Year) 05/06/2010             |  | President, CFC                   | )                     |  |  |  |
| 350 PARK AVENUE, 21ST FLOOR |                  |          |   |  |                                  |                       |  |  |  |
| (Street)                    |                  |          | If Amendment, Date of Original Filed (Month/Day/Year)                   | 6. Indivi  | dual or Joint/Group Filing (Chec | ck Applicable Line)   |  |  |  |
| NEW YORK                    | NY               | 10022    | 3 , ,   | X  | Form filed by One Reporting      | ,                     |  |  |  |
|                             |                  |          |   |  | Form filed by More than One      | Reporting Person      |  |  |  |
| (City)                      | (State)          | (Zip)    |   |  |                                  |                       |  |  |  |

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3)          | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | Transaction Code (Instr. |   |        |               |        | 5. Amount of<br>Securities<br>Beneficially Owned<br>Following Reported<br>Transaction(s) | Form: Direct (D)<br>or Indirect (I)<br>(Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|--|--|---|--------------------------|---|--------|---------------|--------|--|---|---|
|  |  |   | Code                     | v | Amount | (A) or<br>(D) | Price  | (Instr. 3 and 4)   |   | (mati. 4)   |
| Common Stock, par value \$0.01 per share | 05/06/2010                                 |   | P                        |   | 5,000  | A             | \$6.83 | 423,982  | D   |   |

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security (Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transac<br>Code (II<br>8) |   | 5. Numl<br>Derivat<br>Securit<br>Acquire<br>or Disp<br>(D) (Ins<br>and 5) | ive<br>ies<br>ed (A)<br>osed of | 6. Date Exerc<br>Expiration Day/\(\frac{1}{2}\) | ate                | 7. Title and Al<br>Securities Un<br>Derivative Se<br>3 and 4) | derlying                         | Derivative | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|--|---|--|---|---------------------------------|---|---|---------------------------------|---|--------------------|---|----------------------------------|------------|--|--|--|
|  |   |  |   | Code                            | v | (A)   | (D)                             | Date<br>Exercisable                             | Expiration<br>Date | Title   | Amount or<br>Number of<br>Shares |            | (Instr. 4)   |  |  |

Explanation of Responses:

Remarks:

/s/ William S. Gorin

05/06/2010

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).